

# Parent & Child Activity Calendar

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THE  
**PARENT**  
INSTITUTE®

## Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> A planning calendar is key to organization. Make sure your child uses one to track her school assignments and tests.	<b>2</b> Put items such as pebbles or acorns in a jar. Ask your child to guess the number of items. Count them together.	<b>3</b> When your child comes home, have him draw a picture of his school day. Then, talk about it.	<b>4</b> Talk with your child about a choice you've made and the consequences of that choice.	<b>5</b> Put on music and spend 15 minutes drawing or writing with your child.	<b>6</b> Help your child start a collection. Provide a place to keep it—a box, a shelf, a drawer.
<b>7</b> Build responsibility. Give your child a small plant to take care of. Put her in charge of the watering schedule.	<b>8</b> Read three poems with your child today.	<b>9</b> Learn the sign language alphabet. Use it to practice spelling words.	<b>10</b> Look at a tree in your neighborhood. Talk about how it has changed in the last few weeks.	<b>11</b> Tell your child we learn when we try new things. Today, take a new route home or try a new food.	<b>12</b> Does your child have homework to do over the weekend? Make sure he schedules time to complete it.	<b>13</b> Help your child round up some friends and play a game together outside.
<b>14</b> Do a crossword puzzle with your child. It's a great way to learn new words.	<b>15</b> Make sure your child starts the day with a healthy breakfast.	<b>16</b> Ask your child to pretend she's Mayor for a day. Have her list three ideas to make your community a better place.	<b>17</b> Post a new vocabulary word and its definition on the bathroom mirror. Post a new one every week.	<b>18</b> Dissolve some salt in water in a glass. Have your child observe it over the next few days. Talk about what happens.	<b>19</b> Set up a well-lit corner with pillows and favorite books. Encourage your child to get cozy with books.	<b>20</b> When you're in the store, ask your child to figure how much tax you will be charged.
<b>21</b> Watch the news with your child. Choose a person of the week. Read more about that person.	<b>22</b> Give your child a measuring tape. Ask him to measure and record the dimensions of objects in your house.	<b>23</b> Give your child 10 coupons, each good for 30 minutes of your uninterrupted attention.	<b>24</b> With your child, learn how to count to 10 in at least three different languages.	<b>25</b> Ask your child <i>how</i> and <i>why</i> questions to give her practice answering questions that require reasoning.	<b>26</b> Watch a TV program with your child. Track the time spent on commercials vs. the program.	<b>27</b> Ask your child to help you organize something, such as a closet.
<b>28</b> Spend a half hour reading together today. Let your child pick the book you will read.	<b>29</b> Create a word search for your child by hiding words in a grid and surrounding them with random letters.	<b>30</b> Talk with your child about ways to handle stress. Exercising and talking to someone are good strategies to try.	<b>31</b> What is the coldest place in the nation today? The warmest? What's the difference between the two temperatures?	<b>October 2018</b>		