



WAYMAN ACADEMY

This institution is an equal opportunity provider. Menus

Monday, December 7

Breakfast

Breakfast Pizza,
Applesauce, Milk

Lunch

Chicken Nuggets,
Mixed Fruit, Wheat
roll, Green beans,
Milk

Tuesday, December 8

Breakfast

Sausage & Egg
Patties, Biscuit,
Juice, Milk

Lunch

Grilled cheese
sandwich, Apples,
Veggie Soup, Milk

Wednesday,

Breakfast

French Toast
Sticks, Sausage
Link, Strawberries,
Milk

Lunch

Beef & Bean
Burritos, Spanish
Rice, Corn, Pears,
Milk

Thursday, December

Breakfast

Flapstick, Juice,
Milk

Lunch

Corn dogs, Sliced
pineapples, Baked
beans, Seasoned
fries, Milk

Friday, December 11

Breakfast

Donuts, Juice

Lunch

Tuna salad,
Lettuce & Tom./
Cucumber slices,
dinner roll, grapes,
Milk

Tuesday, December 1

Breakfast

Donuts, Juice, Milk

Lunch

Hamburger, Green
Beans, Peaches,
Milk

Wednesday,

Breakfast

Bagels w/cream
cheese, Yogurt,
Juice, Milk

Lunch

PBJ Sandwiches,
Carrot sticks,
Chips, Oranges,
Milk

Thursday, December

Breakfast

French Toast,
Strawberries,
Sausage Patties,
Milk

Lunch

Chef Salad w/
ham/turkey,
dinner roll, carrot
sticks, grapes, Milk

Friday, December 4

Breakfast

Muffins, Juice

Lunch

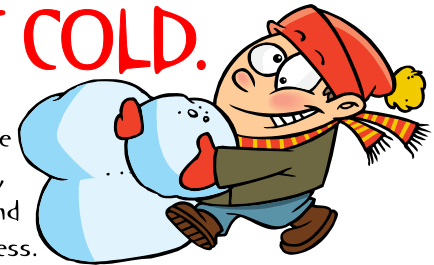
Hot dogs, Mixed
fruit, cole slaw,
baked beans, Milk

OUT COLD.

Not only do
kids eat more
in the winter,
they also tend
to exercise less.

Even if it's cold where you live, you still need to be
moving for a total of at least an hour a day! Some
of that can happen indoors, but there's plenty of
outside activities that can keep you warm, too!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!



Monday, December

Breakfast

Donuts, Juice, Milk

Lunch

Chicken w/gravy,
Rice, Yams,
Broccoli, Milk

Tuesday, December

Breakfast

Bagel w/cream
cheese, Sausage
Patties,
Strawberries, Milk

Lunch

Cheese pizza,
Applesauce, Corn,
Milk

Wednesday,

Breakfast

Danish, Juice, Milk

Lunch

Hamburger,
Tossed Salad,
Orange slices,
Milk

Thursday, December

Breakfast

Muffins,
Applesauce, Milk

Lunch

Ham & Turkey
Wraps, Grapes,
Potato Salad,
Carrot sticks, Milk

Friday, December 18

Breakfast

Cereal Bar, Juice,
Milk

Lunch

PBJ Sandwich,
Apples, Celery
sticks, Sun Chips,
Milk



Last day
of school:
Friday,
Dec. 18

Classes
resume:
JAN. 4

**SEE YOU
NEXT YEAR!**