



Monday, March 7
<b><u>Breakfast</u></b> Breakfast Pizza, Juice, Milk
<b><u>Lunch</u></b> Chicken Nuggets, Wheat Roll, Broccoli, Yellow Rice, Sliced Oranges, Milk

Tuesday, March 8
<b><u>Breakfast</u></b> French Toast Sticks, Sausage Patties, Blueberries, Milk
<b><u>Lunch</u></b> Pepperoni Pizza, Peaches, Kernel Corn, Tossed Salad, Milk

Wednesday, March 9
<b><u>Breakfast</u></b> Breakfast Burritos, Juice, Milk
<b><u>Lunch</u></b> PBJ Sandwich, Fresh Apples, Carrot Sticks, Sun Chips, Milk
<b>EARLY</b>

Thursday, March 10
<b><u>Breakfast</u></b> Raisin Toast, Applesauce, Egg Omelette, Hash Browns, Milk
<b><u>Lunch</u></b> Hamburger w/ Lettuce & Tom., Mixed Fruit, Potato Salad, Milk

Friday, March 11
<b><u>Breakfast</u></b> Flapsticks, Juice, Milk
<b><u>Lunch</u></b> Tuna Salad on Spring Salad Greens, Cucumber Slices, Wheat Roll, Grapes, Milk

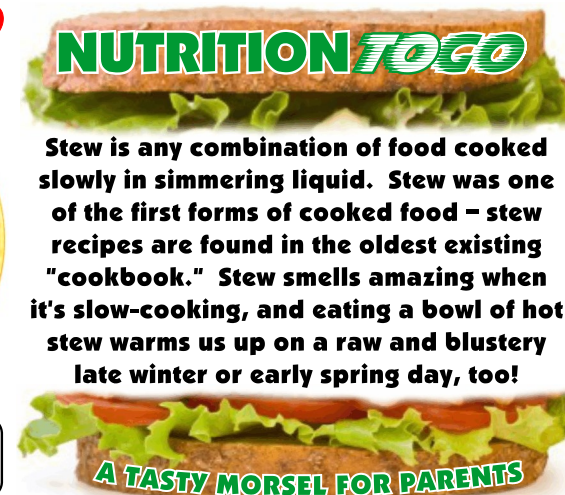


## SQUEEZED FOR TIME?

Up to 30% of kids skip breakfast every school day. Even if your mornings are frantic, you'll feel better all day and do better in school, too, if you've had a balanced, nutritious breakfast!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**



**Stew is any combination of food cooked slowly in simmering liquid. Stew was one of the first forms of cooked food – stew recipes are found in the oldest existing "cookbook." Stew smells amazing when it's slow-cooking, and eating a bowl of hot stew warms us up on a raw and blustery late winter or early spring day, too!**