

Monday, May 23

Breakfast
Danish, Juice, Milk

Lunch
Hamburgers,
Green Beans,
Strawberry Cup,
Milk

Tuesday, May 24

Breakfast
Sausage Patties,
Egg Omelette,
Biscuit,
Cantaloupe Slices,
Milk

Lunch
Hot Dogs, Sliced
Apples, Baked
Beans, Oven-

Wednesday, May 25

Breakfast
Muffins, Juice, Milk

Lunch
Chicken Wrap,
Cantaloupe,
Cucumber Slices,
Potato Salad, Milk

Thursday, May 26

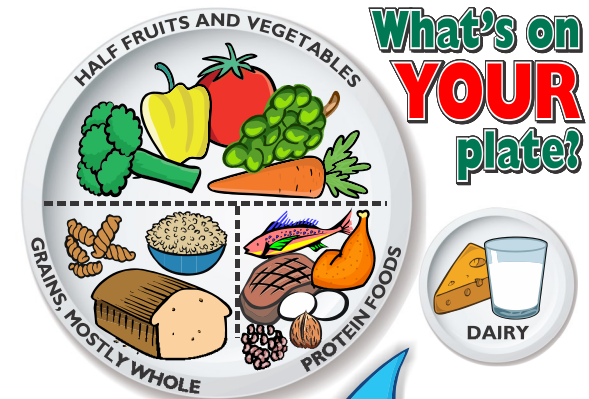
Breakfast
Hash Browns, Egg
Patties, Orange
Slices, Milk

Lunch
Cheese Pizza,
Honeydew Melon,
Tossed Salad, Corn
on the Cob, Milk

Friday, May 27

Breakfast
Assorted Cereals,
Raisin Toast, Juice,
Milk

Lunch
Turkey on Pita
Bread, Lettuce &
Tom., Carrot
Sticks, Oranges,
Milk



**What's on
YOUR
plate?**

**Go
off
the
plate!**

Generally, the plate diagram above provides fantastic advice on how to fill your plate. But can you name one of the best things you can eat or drink that isn't even on the plate? Give up?

IT'S WATER! Kids should try to drink about 6 to 8 8-ounce servings of water a day. Try having water instead of soda or other high-calorie, low-nutrition drinks as often as possible!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, May 30

Tuesday, May 31

Breakfast
Muffins, Juice, Milk

Lunch
Chicken Nuggets,
Dinner Roll,
Orange Slices,
Green Beans, Milk

Wednesday, June 1

Breakfast
Bagels, Egg
Patties, Yogurt,
Milk

Lunch
Hamburgers,
Lettuce & Tom.,
Oven-Baked Fries,
Sliced Apples, Milk

Thursday, June 2

Breakfast
Danish,
Applesauce, Milk

Lunch
Ham & Turkey
Hoagie, Tomato
Soup, Honeydew
melons, Milk

Friday, June 3

Breakfast
Donuts, Juice

Lunch
Corn Dogs,
Grapes, Baked
Beans, Cole Slaw,
Milk

Monday, June 6

Breakfast
Breakfast Pizza,
Pears, Milk

Lunch
Chicken Fajita,
Dinner Roll,
Peaches,

Tuesday, June 7

Breakfast
Muffin, Juice, Milk

Lunch
Ham Sandwiches,
Lettuce, Tom.,
Carrot Sticks, Sun
Chips, Grapes,
Milk

Wednesday, June 8

Breakfast
Danish, Sliced
Oranges, Milk

Lunch
Chicken Nuggets,
Dinner Roll,
Oranges, Tossed
Salad, Corn, Milk

Thursday, June 9

Breakfast
Cereal, Juice, Milk

Lunch
PBJ Sandwich,
Apples, Carrot
Sticks, Sun Chips,

Friday, June 10

Breakfast
Cereal, Juice, Milk

HAPPY SUMMER!

**Have a
GREAT SUMMER!**

Thanks for eating with
us this year. We look
forward to seeing you