

Only an Illusion

Remember a few weeks ago when the argument between people who saw the black and blue dress and those who saw the gold and white dress almost shut down the internet?

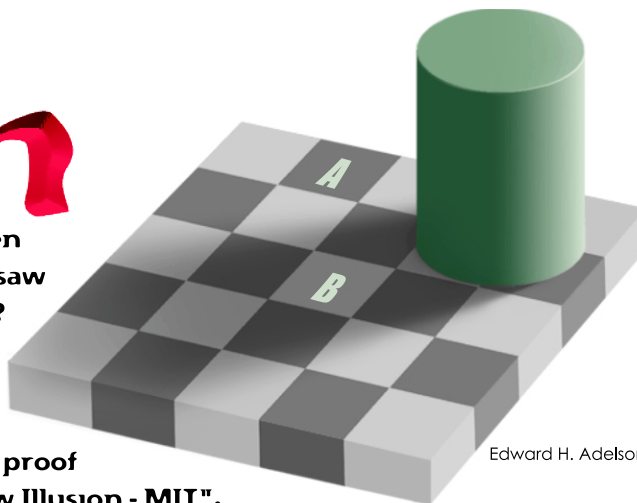
Here's another one for you: the "Adelson Checkerboard Illusion."

Do you think the two squares labeled

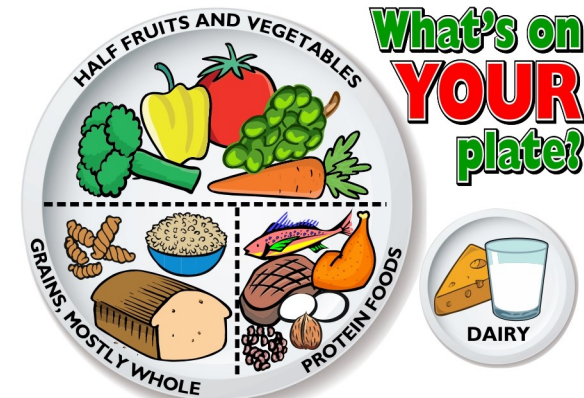
A and B are different shades of gray? Guess what?

They're the same color! If you're interested, you can see proof

and learn more by searching on line for "Checkershadow Illusion - MIT".



Edward H. Adelson



WHAT I have a head but cannot think.
AM I? I have eyes but cannot see.
 I have ears but cannot hear.
 I have ribs but no bones.



Answer: I'm a VEGETABLE GARDEN, planted with lettuce (heads), potatoes (eyes), corn (ears), and celery (ribs). YUMMY!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, April 20

Breakfast
Pop Tarts, Milk, Juice

Lunch
Grilled Cheese Sandwich, Veggie Soup, Strawberries, Milk

Tuesday, April 21

Breakfast
English Muffin, Sausage & Egg Patty, Parfait Cup, Milk

Lunch
Turkey on Pita Bread, Green Salad, Carrot Sticks, Chips Milk

Wednesday, April 22

Breakfast
Danish, Milk, Juice

Lunch
Hamburger, Let./Tom., Pot. Salad, Apricots, Milk

Thursday, April 23

Breakfast
Waffles, Strawberries, Sausage Patty, Milk

Lunch
Grilled Cheese Sandw., Sliced Apples, Veggie Soup, Milk

Friday, April 24

Breakfast
Breakfast Pizza, Sliced Pears, Milk

Lunch
Tuna Salad, Dinner Roll, Green Salad, Orange slices, Carrot sticks, Milk

Monday, April 27

Breakfast
Bagel w/cream cheese, Yogurt, Milk, Juice

Lunch
Chicken Fajita, Let./Tom., Carrot Sticks, Mixed Fruit, Milk

Tuesday, April 28

Breakfast
French Toast Sticks, Sausage Patty, Strawberries, Milk

Lunch
Tuna Salad, Lettuce, Cucumber slices, Roll, Apricots, Milk

Wednesday, April 29

Breakfast
Pop Tarts, Milk, Juice

Lunch
PBJ Sandwich, Celery sticks, Chips, Fruit Cup, Milk

Thursday, April 30

Breakfast
Breakfast Pizza, Orange slices, Milk

Lunch
Hamburgers, Green Beans, Pears, Milk

Cook's Choice



MENUS ARE SUBJECT TO CHANGE