

Monday, September

Breakfast

Flapsticks, Milk,
Juice

Lunch

Macaroni &
Cheese w/ham,
Dinner roll,
Spinach,
Strawberries, Milk

Tuesday, September

Breakfast

Chicken Patty
biscuit, Milk, Juice

Lunch

Fish Sandwich,
Cole slaw, Oven-
baked fries, Milk

Wed., September 17

Breakfast

French Toast
sticks, Sausage
links, Strawberries,
Milk

Lunch

Turkey Hot Dogs,
Baked Beans,
Oranges, Milk

Thursday, September

Breakfast

Pop Tarts, Milk,
Juice

Lunch

BBQ chicken,
Wheat roll,
Broccoli, Baked
Apples, Yellow
Rice, Milk

Friday, September 19

Breakfast

Cereal, Raisin
Toast, Milk, Juice

Lunch

Ham & Turkey
Wraps, Carrot
sticks, Sun chips,
Honeydew melon,
Milk

Monday, September

Breakfast

Bagel Pizza w/egg,
cheese & sausage,
Milk, Juice

Lunch

Chicken Nuggets,
Roll, Broccoli, Rice,
Applesauce, Milk

Tuesday, September

Breakfast

Assorted Muffins,
Milk, Juice

Lunch

Turkey Hot Dogs,
Baked Beans, Cole
slaw, Fruit cocktail,
Milk

Wed., September 24

Breakfast

Pop Tarts, Milk,
Juice

Lunch

PBJ Sandwich,
Carrot sticks,
Chips, Oranges,
Milk

**EARLY
DISMISSAL**

Thursday, September

Breakfast

Pancakes, Sausage
Pattie, Milk,
Strawberries

Lunch

Beef & Bean
Burritos, Corn-on-
Cob, Honeydew
melon, Milk

Friday, September 26

Breakfast

Cereal, Bananas,
Toast, Milk

Lunch

Bologna Sandwich,
Cucumber slices
w/Ranch dressing,
Jello cup, Chips,
Milk

Monday, September

Breakfast

Pop Tarts, Milk,
Juice

Lunch

Hamburger, Let. &
Tom., Potato
salad, Pears, Pickle
spear, Milk

Tuesday, September

Breakfast

Sausage/Biscuit,
Milk, Juice

Lunch

Cheese Pizza,
Sweet Peas, Apple
slices, Milk

Wed., September 24

Breakfast

Pop Tarts, Milk,
Juice

Lunch

PBJ Sandwich,
Carrot sticks,
Chips, Oranges,
Milk

Thursday, September

Breakfast

Pancakes, Sausage
Pattie, Milk,
Strawberries

Lunch

Beef & Bean
Burritos, Corn-on-
Cob, Honeydew
melon, Milk

Friday, September 26

Breakfast

Cereal, Bananas,
Toast, Milk

Lunch

Bologna Sandwich,
Cucumber slices
w/Ranch dressing,
Jello cup, Chips,
Milk

WONDERS OF THE WORLD



Niagara Falls (lit beautifully at night) is on the U.S.-Canadian border between New York State and Ontario. Niagara isn't the tallest falls in the world -- although at 165 feet at its highest vertical drop, it's plenty big! But because it is extremely wide, Niagara has the highest water flow rate of any waterfall on earth. Over the next 50,000 years, erosion will smooth out Niagara Falls until it's gone -- so make plans to see it soon!

NIAGARA FALLS

