

# Parent & Child Activity Calendar

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THE  
**PARENT**  
INSTITUTE®

## Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> September is Library Card Month. Make sure everyone in your family has a library card.	<b>2</b> Have your child read to you as you're cleaning up after supper. Or read to your child as she cleans up!	<b>3</b> Decide on a location anywhere in the world. Take turns telling one thing you would like to see there.	<b>4</b> Start a family savings jar. Everyone can decide on what the goal will be and how they will contribute.	<b>5</b> Think about the rules you have for your child. Are they appropriate for his age?	<b>6</b> Help your child find her best time to do homework. Some kids are most alert right after school, others after dinner.	<b>7</b> Take a walk and look for signs of fall. See if your child can identify any of the trees you pass on your walk.
<b>8</b> Tonight, talk with your child about the week ahead. Plan to do this every Sunday night.	<b>9</b> A nutritious breakfast helps kids learn. Make sure your child starts the day with a healthy breakfast.	<b>10</b> Keep a basket or box as home base for library books. It will help your child keep track of them.	<b>11</b> Make sure you and your child know school rules. Ask for a list and post them on your refrigerator.	<b>12</b> Let your child pick a word. Together, put its letters in alphabetical order.	<b>13</b> Turn chores into a game. Assign each chore a number and have your child roll a die to see which one he gets.	<b>14</b> Suggest that your child clean out her backpack every weekend. She'll start the week organized.
<b>15</b> A planning calendar is key to organization. Buy or make one with your child. Use stickers to mark important dates.	<b>16</b> Have a Word of the Day. Challenge everyone to use it in a sentence. Make this a daily habit.	<b>17</b> Challenge your child to replace adjectives on a printed ad with their opposites.	<b>18</b> Talk about three ways you used math today. Ask everyone in the family how they used math.	<b>19</b> Ask your child to guess how many times he blinks in a minute. Then check!	<b>20</b> Have your child write a letter to a friend or relative telling about the beginning of her school year.	<b>21</b> Create an art gallery. Frame your child's artwork. Rotate the work on display frequently.
<b>22</b> Have your child set a weekly goal. Write it down. Encourage other family members to do the same.	<b>23</b> Write a note saying something nice about your child. Tuck it where he will find it later.	<b>24</b> Talk with your child about why students who do homework earn better grades.	<b>25</b> Look over your child's homework. Give specific compliments before offering constructive advice.	<b>26</b> Does your child know whom to call in an emergency? Make a list to post on your refrigerator.	<b>27</b> As a treat, let your child stay up 30 minutes past her regular bedtime. The catch? She must use that time to read.	<b>28</b> List three of your child's successes this week. List three of your own. Post the lists where you can both see them.
<b>29</b> If you haven't met your child's teacher yet, plan to do so. Talk about your visit with your child.	<b>30</b> At dinner tonight, talk about the best and the worst parts of your day. Make sure everyone gets a turn to talk.	<h1>September 2019</h1>				