

Monday, September

Breakfast

Flapsticks, Juice,
Milk

Lunch

Cheeseburger,
Green Beans,
Sliced Peaches,
Milk

Tuesday, September

Breakfast

Hash browns,
Raisin Toast, Egg
Patty, Applesauce,
Milk

Lunch

Spaghetti w/meat
sauce, Garlic Toast,
Corn, Tossed
Salad, Orange

Wed., September 16

Breakfast

Bagels w/cream
cheese, Yogurt,
Juice, Milk

Lunch

Turkey Hot Dogs,
Baked Beans,
Mixed Fruit, Milk

Thursday, September

Breakfast

French Toast
Sticks,
Strawberries,
Sausage Patties,
Milk

Lunch

Chef Salad w/ham
& turkey, cheese,
carrot sticks,

Friday, September 18

Breakfast

Breakfast Pizza,
Juice, Milk

Lunch

Turkey Wraps,
Grapes, Cucumber,
Tomatoes, Sun
Chips, Milk

Where do all of our
crazy names for
food come
from?



This month: "Picnic"

"Picnic" comes from a French word that described a party where everyone brought a dish -- it had nothing to do with eating outside. In English, the word gradually came to have its very specific meaning of a meal enjoyed outdoors.



Monday, September

Breakfast

Breakfast Burrito,
Mixed Fruit, Milk

Lunch

Cheese Pizza,
Orange Slices,
Tossed Salad, Corn
-on-Cob, Milk

Tuesday, September

Breakfast

English Muffin,
Egg Patties, Ham
& Cheese, Juice,
Milk

Lunch

Chicken Fajita,
Dinner Roll, Rice,
Honey Dew, Sweet
Peas, Milk

Wed., September 23

Breakfast

Cereal, Banana,
Raisin Toast, Milk

Lunch

Ham & Turkey
Hoagies, Apples,
Carrot Sticks, Sun
Chips, Milk

EARLY

Thursday, September

Breakfast

Hash browns,
Wheat Toast,
Sausage Patties,
Juice, Milk

Lunch

Beef 'n Bean
Burrito, Mixed
Fruit, Tater Tots,
Milk

Friday, September 25

Breakfast

Fruit Parfait,
French Toast
Sticks, Milk

Lunch

Tuna Salad, Roll,
Cantaloupe,
Spring Mix Salad,
Tomatoes,
Cucumbers, Milk

Monday, September

Breakfast

Bagels w/cream
cheese, Yogurt,
Juice, Milk

Lunch

Chicken Nuggets,
Dinner Roll, Mixed
Fruit, Green Beans,
Glazed Carrots,
Milk

Tuesday, September

Breakfast

Biscuit w/sausage
patties, Egg Patty,
Applesauce, Milk

Lunch

Corn Dogs, Honey
dew, Baked Beans,
Oven Fries, Milk

Wed., September 30


Breakfast

Waffles,
Strawberries,
Turkey Sausage,
Milk


Lunch

Grilled Cheese
Sandwich, Grapes,
Veggie Soup, Milk

★ OUR NATION'S HISTORY ★



John Chapman, better known as Johnny Appleseed, was born September 26, 1774. For 40 years, Johnny followed the sun along the primitive country by-ways of Pennsylvania, Ohio, Indiana, and Illinois, introducing and teaching the cultivation of apple trees to large areas of that still-wild country.



★ WITH LIBERTY & JUSTICE FOR ALL ★